



fighting heart disease
and stroke

european heart network

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European Commission Report on trans fats in the EU

Today the European Commission published its report on *trans fats in foods and in the overall diet of the Union population*.

The European Heart Network (EHN) welcomes the report and its conclusion that setting a legal limit for industrial TFA content would be the most effective measure in terms of public health, consumer protection and compatibility with the single market. EHN is pleased that the report notes that there are food products with high industrial TFA content available on the European market and there are public health gains to be reaped by reducing intake.

“We are delighted that the TFA report has come out. We hope that the follow up will be speedy; we need to make up for lost time and help people reduce their risks of heart disease”, says Susanne Løgstrup, EHN Director.

For more information about EHN’s work on TFA please go to

<http://www.ehnheart.org/publications/position-papers/publication/886-trans-fatty-acids-and-heart-disease.html>